



Tattoo Removal Post Instructions

To prevent any complications, please follow these instructions:

1. Apply an antibiotic ointment (Bacitracin, Polysporin, Neosporin, or Mycitracin—all available over the counter) for at least 1-2 weeks. Keep the treated area clean and dry while it is healing. Clean the area gently with soap and water and then gently pat the area dry.
2. Do NOT let the area dry out or scab. This is especially important during the first 48 hours.
3. **Avoid sun/tanning for 2 weeks after the treatment**
3. You may shower, but do not scrub the area until completely healed.
4. Avoid scratching the area during the healing process.
5. Refrain from intense physical activity especially around the area of treatment to ensure proper healing process.
6. You may feel discomfort for the first 24 hours after your treatment. You may use a non-aspirin pain medication like Tylenol.
7. The skin should heal normally in 2-3 weeks or possibly more (2-8 weeks)
8. Do not wear makeup or any cream or medication unless recommended by our office for 48 hours.
9. Wear a sunblock with an SPF of 25 or higher over the area for 3 months following the treatment.
10. If there is continued redness, pus, drainage, oozing, discharge, or other concern you must contact us.