



Botox Pre-Treatment Instructions

As you know, Botox injections take approximately 5-14 days before you will notice the effect. Please remember that Botox treatment is only a temporary treatment only (usually 6 months).

- 1. Avoid taking Advil, Vitamin E, Ginger, Ginko, Bilboa, Ginseng, St. John's Wort and Garlic for 2 weeks before treatment** since this may increase the risk of bruising.
- 2. Avoid NSAIDS if possible** (Ibuprofen, Advil, Motrin, Aleve, Vioxx) **for 1 week.**
- 3. Avoid Alcoholic beverages at least 24 hours before treatment** since alcohol may thin the blood increasing the risk of bruising.
- 4. If possible, come to your appointment with a cleanly-washed face.**
- 5. Preferably schedule Botox appointment at least 2 weeks before special event** (wedding, B-day, party, etc).